

SAILING INSTRUCTIONS

EFFECTIVE 1ST OCTOBER 2011

1. RULES

As per the Club's Notice of Race (1st October 2011), or any specific Notice of Race issued for a particular Event, the Sailing Programme as issued, which may be amended from time to time, and these Sailing Instructions (dated 1st October 2011) and any amendments thereof as posted on the Notice Boards. In the event of contradictions, the interpretations of the Protest Committee shall be final and binding upon all participants

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the RCYC foyer and or the RCYC website www.rcyc.co.za.

3. CHANGES TO SAILING INSTRUCTIONS

Any change of Sailing Instructions will be posted not later than 90mins before the scheduled start of the race applicable.

4. SCHEDULE OF RACES

The schedule of Races is set out in the Sailing Programme. Specific Events, for which separate Notice of Race and/or Sailing Instructions have been issued, may have different starting times.

5. SHORTENING COURSE

In addition to the methods of shortening course in the RRS, a race may be shortened by the hoisting of an "S" over "C" flags, accompanied by repeated sound signals aboard a boat stationed near a rounding mark of the course. In that event boats shall round this mark and proceed directly to the finish line, finishing in the direction of the course from the last mark rounded. Races may also be shortened by an announcement on the designated VHF channel, and the flying of the "S" flag at the Bridge Hut with the appropriate sound signal.

6. CLASS FLAGS FOR DIVISIONS

Class flags for Club racing will be:

FLAG	ALL RACES (except Twilight)	TWILIGHT RACING
Numeral Pennant No 1	IRC & Club H'Cap Div 1 Spinnaker	Club H'Cap Div 1 NON-Spinnaker.
Numeral Pennant No 2	IRC & Club H'Cap Div 2 Spinnaker	Club H'Cap Div 2 NON-Spin. and Spin.
Numeral Pennant No 3	IRC & Club H'Cap Div 3 Spinnaker	Club H'Cap Div 3 NON-Spin. and Spin.
Numeral Pennant No 4	IRC & Club H'Cap All Divisions Spinnaker	Club H'Cap Div 1 Spinnaker.
Numeral Pennant No 5	IRC & Club H'Cap All Divisions NON- Spinn.	none
Numeral Pennant No 6	One Design Division Racing	none
Numeral Pennant No 7	Single Start All Divisions	none

7. THE COURSES

The course may be, but not definitely, indicated up to 60mins before the scheduled start of a race, on the Notice Board. The race will be announced on the designated VHF Channel; Twilight races at 17h30 and again at 17h45. In other races the race will be announced twenty minutes and again ten minutes before the first warning signal.

8. CLUB HANDICAP RATINGS

See paragraph 6 of the Notice of Race.

9. START

9.1. Races will be started by using Rule 26.

9.2. The starting line will be:

9.2.1. Start at the RCYC Hut: A line between the Start Hut and No 10 buoy. An orange buoy may be laid as an inner limit mark approximately 20m off the wall in the vicinity of the start line, which is a Mark of the Course for boats starting and defines one end of the Start line for the purposes of RRS 30.1 (Round-an-End Rule).2

9.2.2. Committee boat: A line between the flagstaff/mast displaying a RCYC Burgee, and a nearby permanent mark, inflatable mark, or small buoy.

9.2.3 Any yachts starting later than 5 minutes after her starting signal may be scored Did Not Start (DNS)

9.2.4. Boats whose warning signal has not been made, shall keep clear of the starting area.

10. FINISH

10.1. The finish line will be:

10.1.1. RCYC Hut: A line between the flagstaff at the RCYC Start Hut and a RCYC mark. OR

10.1.2. RCYC Hut: A line between the flagstaff at the RCYC Start Hut and the No 10 Harbour mark. OR

10.1.3. Committee boat: A line between the flagstaff/mast displaying an RCYC Burgee, and a nearby permanent mark or, inflatable mark or small buoy.

10.2. It is possible that when finishing, the Bridge Team may not see or record your finish (due to fog, poor light, or time limit having expired). In this case you can cross the finish line and take your own time, report it to the Bridge Hut on the designated VHF Channel as well as other competitors still sailing. This time must also be handed in at the Sailing Office. You may be required to substantiate this with a GPS reading.

11. PENALTY SYSTEM

Rule 44.1 and 44.2 is changed to substitute: one turn, including one tack and one gybe, instead of two turns.

12. TIME LIMITS

12.1. Boats shall finish within the time limit, failing which they will be scored DNF. The time limit unless specified, is $0.4 \times E$, after the finish of the leading boat of each start, where E is the elapsed time of the first boat to finish. In All Class races, the time limit will be calculated on the time of the

leading boat with an IRC TCC of less than 1.050 or a Club Handicap TCF of less than 1.120 If in the opinion of the Race Officer the leading yacht in any race has not maintained or is not likely to attain an average speed of 2 knots, the race may be abandoned.

12.2. The time limit for Twilight Racing is 20h00. Boats that have failed to finish within the time limit are permitted to take their own GPS time however the boat may not be scored.

13. CREW LIMITS

The maximum total crew is limited by the yacht's C.O.F. (Certificate of Fitness).

14. TWILIGHT RACING

14.1. The following special instructions only apply to Twilight Racing:

15.1.1. Boats shall enter on the relevant entry sheet on the Notice Board for the series. Boats are to complete each required field including their intention to enter spinnaker or non spinnaker class prior to their first race. If a boat fails to enter on the notice board they will receive a DNC (Did Not Compete). You are also required to sign against your entry on each race day to confirm your intention to sail on that day.

14.1.2. Club Handicap Non Spinnaker: Only one foresail (a sail fitted to a forestay track or hanked to a forestay) may be set. A jib may not be used as a spinnaker. This prohibits the use of "Code Zero" sails. A spinnaker pole may only be used for "goose winging".

14.1.4. A minimum of four sailed races constitute a series.

14.1.5. A finishing mark may be laid in between the bridge hut and the number 10 mark. Boats are to finish between the laid finish mark and the bridge hut in order to receive a result.

14.1.6. Boats that fail to display an accurate sail number that correlates with the clubs records will not receive a result.

14.1.7. IRC results will be displayed on the results sheet and a prize will be awarded at the end of each series.

14.1.8 Division allocations.

DIVISION	COMPILING	CLUB RATING
Division 1	Spinnaker and Non Spinnaker	>1.049
Division 2	Spinnaker	<1.050
Division2	Non Spinnaker	1.000 to 1.049
Division 3	Non Spinnaker	< 1.000

15. PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms are available at reception in the RCYC foyer. Protests shall be submitted within the protest time limit.

15.2 The protest time limit for each class, is 90 minutes after the last boat of each class, has finished the last race of the day.

15.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

15.4 Notices of protests by the race committee will be conveyed, or posted, to inform boats under rule 61.1(b).

15.5 For the purpose of rule 64.3 (b) the 'authority responsible' is a measurer appointed by the organizing authority or if not appointed, a Measurer appointed by the Protest Committee.

15.6 In the case of twilight racing, the protest hearing will not be heard on the evening of the incident, a date will be set aside within seven days of the incident.

15.7 Arbitration System

For protests involving an alleged breach of a rule of Part 2, a short arbitration hearing may be held in lieu of a protest hearing. This changes Part 5 Section B of the RRS. Arbitration hearings may only be held under the following conditions, which are deemed to be accepted by both parties to the hearing when they accept that an arbitration hearing may proceed in lieu of a protest: -

Before arbitration hearing is held both parties need to accept that arbitration proceeds in lieu of a protest and that the protest will be withdrawn when a decision is handed down by the arbitrator at the conclusion of the hearing.

1. Each party to the hearing may only be represented by a single person. No witnesses may be called.
2. The arbitrator may decide at any time that the arbitration process is terminated and that the protest is heard by the normal protest committee.
3. The arbitration penalty for a breach of a Part 2 rule is a penalty of 20% of the number of boats entered but not less than 2 places and not more than the score for DNF. No other boat's finishing position will be affected by the imposition of this penalty.
4. The decision of the arbitrator may not be appealed and may not be used as grounds for redress.

16. SCORING

16.1 The Low Point scoring system of Appendix A4 will apply.

16.2 When three races have been completed, a boat's series score will be the total of her race scores. When four races have been completed, a boat's series score will be the total of her race scores excluding one worst score.

16.3 Boats without clearly displayed Sail Numbers will not be scored.

16.4 One design Classes, including IRC, having more than 5 entries, can score a result.

17. SAFETY REGULATIONS

A boat that retires from a race shall notify the race committee as soon as possible on the designated VHF Channel.

18. RIGHT OF WAY AFTER SUNSET

Between the hours of sunset and sunrise, the rules of Part 2 of the RRS will cease to govern, and the International Regulations for the Prevention of Collision at Sea will apply.

19. SHORT HANDED RACES

19.1 Double handed races: Only two people shall be on board during the race. Radar, GPS, spinnakers and self-steering gear may be used.

19.2 Single handed races: Two people must be on board whilst racing; the second person may not assist in any way (other than sitting out).

20. INSURANCE

In order to be accepted as an entry in any race and to be given a finishing position, each yacht must have on file in the Moorings Office a copy its Liability Insurance Policy or Declaration of Insurance for Liability (other party damage) and public liability for an amount of R2000000.00